BACKGROUND
The Providence Foundation donates scholarships, bursaries as well as outward bound awards to tertiary institutions in Hong Kong. This year, the Foundation will offer 18 awards for a 7-day Outward Bound Training in Outward Bound Hong Kong to students of The Chinese University of Hong Kong.

OBJECTIVES
The programme aims at developing and improving participants’ decision making, communication, leadership, problem solving and team-building skills.

SELECTION CRITERIA
Candidates should
♦ be aged between 17-25;
♦ be proficient in written English;
♦ have good academic background and common sense;
♦ be in good health condition;
♦ be fully vaccinated due to the uncertainly of COVID-19 situation, subject to the requirement of the Foundation and Outward Bound;
♦ have good team spirit, leadership and organization skills; and
♦ be an undergraduate in any discipline but preference will be given to business students.

PROGRAMME
This is a 7-day programme which will be held from 23 – 29 May 2022. Further details of the programme will be furnished to the successful candidates in future.

EXPENSES
Part of the course fee, among which, $4,000 will be sponsored by the Providence Foundation and the remaining part will further be sponsored by Outward Bound Hong Kong. The remaining balance, HK$800, will be payable by the participant. (If the total number of valid applicants is more than 3 times the number of awardees, an additional bonus of HK$300 would be sponsored to each awardee.)

INSURANCE
The course fee does NOT include insurance. Students are required to join the Voluntary Personal Accident Insurance scheme (with a tentative premium of HK$130) through the Outward Bound Hong Kong. Applicants may also purchase additional insurance by themselves.
OBLIGATIONS
Selected candidates will be required to:

- sign an undertaking;
- provide full COVID-19 vaccination record;
- attend the pre-programme briefing in early-mid May, 2022;
- attend all sessions of the 7-day Outward Bound Training;
- submit individual and group post-training reports within 4 weeks upon completion of the programme; and
- abide by all instructions and regulations stipulated by the Office of Student Affairs, the Outward Bound School and the Providence Foundation.

APPLICATION PROCEDURES
A completed application form together with the following documents should be submitted to Student Development and Resources Section of the Office of Student Affairs on 1/F of Benjamin Franklin Centre on or before February 25, 2022 (Friday).

- a copy of HKID card;
- a copy of academic transcript(s);
- a copy of full COVID-19 vaccination record;
- a copy of Report of Experiential Learning Activities (ELA Report) / any proof of extra-curricular activities;
- a copy of award(s) or scholarship(s);
- a recommendation form (returned directly by the referee); and
- 1 passport-sized photo with your name and student ID written at the back (Successful candidates will have to submit one more photo upon signing the undertaking)

Application forms can be downloaded from below link:

NOMINATIONS
Successful candidates will be notified by the Office of Student Affairs in April, 2022 upon approval of the Providence Foundation.

ENQUIRIES
For enquiries, please contact Ms. Mandy Wu (Tel: 3943 4798; E-mail: mandywu@cuhk.edu.hk) of the Office of Student Affairs.

Student Development and Resources Section
Office of Student Affairs
January 2022
APPLICATION FORM

The information provided will be used for award-related purposes in the University. It may be accessible to offices, committees or persons who will process these awards. Information of unsuccessful candidates will be destroyed upon completion of the programme.

1. Applicant’s Particulars:
   Applicant’s Name (English) ___________________________ (Chinese)_____________________
   Gender ______ HKID No. _______________ Student ID No. _______________________________
   Major_________________ Minor_________________ Year________________
   College_____________ Date & Place of Birth ___________________ Age_____________
   Length of Residence in Hong Kong ___________ Nationality _________________________
   Correspondence Address ____________________________________________________________
   Contact Tel____________________ E-mail Address_______________________________________

   Academic Results:
   Grade Point Average 1st Year _______ 2nd Year _______ 3rd Year _______
   Above 3rd Year ____________

   Awards/Academic Distinctions/Scholarships:
   (Please enclose any additional information in separate sheet if necessary.)

<table>
<thead>
<tr>
<th>Name of Award</th>
<th>Academic Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. ______________</td>
<td>___________________</td>
</tr>
<tr>
<td>2. ______________</td>
<td>___________________</td>
</tr>
<tr>
<td>3. ______________</td>
<td>___________________</td>
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<tr>
<td>4. ______________</td>
<td>___________________</td>
</tr>
<tr>
<td>5. ______________</td>
<td>___________________</td>
</tr>
</tbody>
</table>
Non-Academic Awards/Other Awards:
(Please enclose any additional information in separate sheet if necessary.)

<table>
<thead>
<tr>
<th>Name of Award</th>
<th>Academic Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
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<tr>
<td>2.</td>
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<td>3.</td>
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<td>4.</td>
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<td>5.</td>
<td></td>
</tr>
</tbody>
</table>

Extra-curricular Activities:
(Please enclose any additional information in separate sheet if necessary.)

<table>
<thead>
<tr>
<th>Year</th>
<th>Organization/Activity</th>
<th>Position/Responsibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
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<tr>
<td>2.</td>
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<td>5.</td>
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</tbody>
</table>

Explain briefly why you wish to apply for Outward Bound Undergraduate Programme:

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

- 4 -
2. **Medical/Health Condition - Have you suffered from the following: (please put a tick on the suitable lines.)**

<table>
<thead>
<tr>
<th>Condition</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diabetes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart Disease</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stroke</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diabetes</td>
<td></td>
<td></td>
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<tr>
<td>Epilepsy</td>
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<td>Asthma</td>
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<tr>
<td>Asthma</td>
<td></td>
<td></td>
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<tr>
<td>Allergies</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

7. Other than the above, are there any other factors relating to your health which will require special attention during the Outward Bound Training (please state):

________________________________________________________

________________________________________________________

8. Have you had a major operation in the last 10 years? Yes ___ No ______

If yes, what is it for? ______________________________________

3. **COVID-19 Vaccination - Have you been fully vaccinated?**

☐ YES (Date of 1st dose: ____________ 2nd dose: ___________ )

☐ NO

4. **Emergency Contact**

Name ___________________________ Relationship ___________________________

Tel (Daytime) ______________________ (Evening) ___________________________

5. **Authorization**

I hereby authorize the Office of Student Affairs of The Chinese University of Hong Kong to obtain any information from other units of the University which they deem necessary and relevant to the administration and assessment of my application for the captioned award.

Applicant’s signature ___________________________ Date _______________________

******************************************************************************

**Notes:**

1. Completed application form together with supporting documents should be submitted to the Student Development and Resources Section of the Office of Student Affairs, 1/F, Benjamin Franklin Centre **on or before February 25, 2022 (Friday).**

2. Awardee is required to submit an individual report and a group post-training report to the Office of Student Affairs **on or before June 20, 2022 (Monday).**
## RECOMMENDATION FORM

<table>
<thead>
<tr>
<th>Name of applicant</th>
<th>Student ID</th>
<th>Department/Faculty</th>
<th>Name of referee</th>
<th>Department/Faculty of referee</th>
<th>Title</th>
<th>Correspondence address</th>
<th>Telephone number</th>
</tr>
</thead>
</table>

### To be completed by the referee

Please complete the following based on your knowledge of the above applicant:

<table>
<thead>
<tr>
<th>Proficiency in written English</th>
<th>Excellent</th>
<th>Good</th>
<th>Average</th>
<th>Fair</th>
<th>Poor</th>
</tr>
</thead>
</table>


I ☐ HIGHLY RECOMMEND ☐ RECOMMEND ☐ DO NOT RECOMMEND the applicant to receive the outward bound training.

Other comments:

________________________________________________________________________
________________________________________________________________________

This completed recommendation form should be sent by the referee (not by the applicant) to Ms. Mandy Wu of the Office of Student Affairs, 1/F, Benjamin Franklin Centre on or before **February 25, 2022** (Friday). All information will be treated in strict confidence. Should there be any queries, please contact Ms. Mandy Wu at 3943 4798.

Signature of referee: _________________  Date: _________________